



ashm

Australasian Society for HIV, Viral Hepatitis and Sexual Health Medicine

Removing Barriers

The development of online education resources to reduce stigma and discrimination experienced by people with HIV, hepatitis B and hepatitis C accessing health services

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Australasian Society for HIV, Viral Hepatitis and Sexual Health Medicine (ASHM)



- ▶ Not for profit member based organisation
- ▶ Support health professionals working in HIV, Viral Hepatitis and Sexual Health Medicine
 - ▶ Face to face, webinar, online training
 - ▶ Policy and position statements
 - ▶ Advocacy for increased scope of practice for health professionals
- ▶ Australia, New Zealand, Asia and the Pacific region
- ▶ Programs
 - ▶ Nursing
 - ▶ International
 - ▶ Viral Hepatitis and Substance Use
 - ▶ Conference



Hepatitis B

YOUR CRUCIAL ROLE AS A
PRIMARY HEALTH CARE NURSE

Primary Health Care Nurses (PHCNs) can play a critical role in utilising their chronic disease management skills to support the testing, diagnosis and management of people with chronic hepatitis B (CHB). PHCNs can facilitate and support lifestyle modification

strategies to improve patient outcomes. This resource provides information about how PHCNs working in the general practice setting can incorporate hepatitis B care into their existing role, however the information is broadly applicable to nurses based in other primary care settings.

WHY?

- 218,000 people in Australia have CHB but only 1 in 2 people are diagnosed
- Without appropriate monitoring and treatment, up to 1 in 4 people with CHB will die from liver cancer or liver failure
- Liver cancer, the majority of which is caused by viral hepatitis, is the fastest increasing cause of cancer death in Australia
- Most patients with CHB do not need to see a specialist regularly. They can be managed in the community by GPs and PHCNs with specialist support depending on disease stage.

ANMF NATIONAL PRACTICE STANDARDS FOR NURSES IN GENERAL PRACTICE (NIGP)

The Australian Nursing and Midwifery Federation (ANMF) developed Practice Standards (2014) to articulate the scope of practice for nurses working in the general practice setting. Elements that provide an example of how the PHCN may meet a specific Practice Standard through their involvement in hepatitis B care are highlighted throughout this resource.

NB: This resource is intended to be read in conjunction with other ASHM hepatitis B resources, such as Decision-Making in HIV, Hepatitis B and Primary Care, Practice & the Hepatitis B Testing Policy, and the ANMF National Practice Standards for Nurses in General Practice (NIGP) (see References).

ASHM Supporting the HIV, Viral Hepatitis and Sexual Health Workforce

Our work with CoNNMO members



AHA	APNA
ASHHNA	CATSINaM
ACNP	CRANaplus
ACN	DANA
ANMF	ACM

- ▶ Engage expert nurses for development and review of course materials and resources
- ▶ Endorsement of relevant courses and resources
- ▶ Member representation on relevant committees
- ▶ Affiliate ASHM membership for members

Australia enjoys international acclaim for its revolutionary response to hepatitis C, and most recently, HIV...

...yet despite these successes, stigma and discrimination experienced by people with BBV accessing healthcare and health care workers, may be preventing us from optimising these achievements.





Lived experience

► <https://vimeo.com/267338383>

B Seen, B Heard

Hepatitis B: From our perspective



C Me, Hear Me Hepatitis C: in our own words





Removing Barriers Project

Collaboration of health services, research and community partners to address stigma and discrimination to increase access to the health system by people at risk of or with HIV, hepatitis B and hepatitis C.

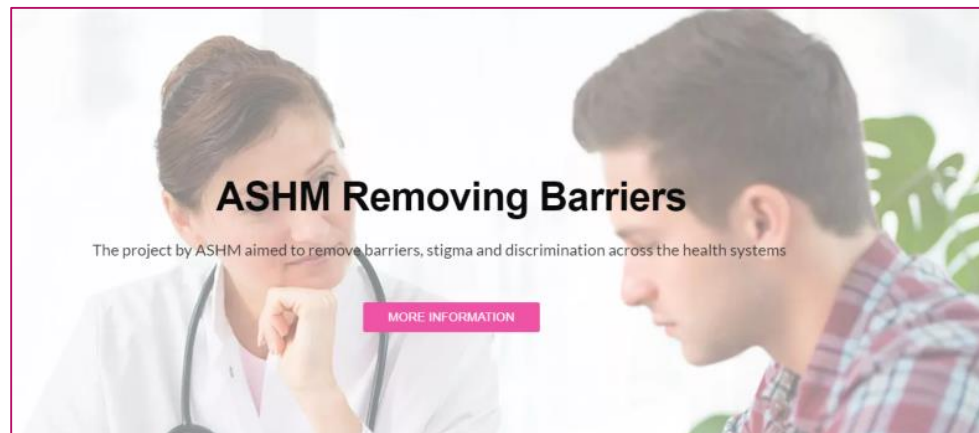
- ▶ Commonwealth funded project
 - ▶ 8 interventions
 - ▶ Reception Staff, Nurses, Colleges & Societies, HCW Trainees and CME, Data Completeness, OST Costs, AIVL Training, RACGP Practice Standards, HCW with BBV
 - ▶ Intervention 2 – Nurses

Removing Barriers Project Intervention 2

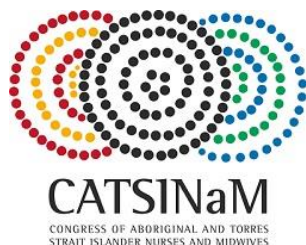


Project aim:

Develop an online learning module for nurses that addresses stigma, discrimination and structural barriers that people at risk of or with HIV, hepatitis B and C experience in accessing health services.



Intervention 2 Working group





OLM policy framework

The following documents provide a framework for the online learning module

- ▶ NMBA Code of Conduct for nurses
- ▶ ICN Code of Ethics for nurses
- ▶ ANMF National Practice Standards for Nurses in General Practice
- ▶ Standard precautions
- ▶ National HIV, HBV, HCV and Aboriginal and Torres Strait Islander BBV and STI strategies (***All of these strategies are currently under being redrafted***)

OLM Learning objectives



Consider, reflect on and clarify own values, assumptions and attitudes about hepatitis B, hepatitis C or HIV and the consequences of associated stigma and discrimination experienced by people with a BBV accessing health care.

Understand and can articulate the negative consequences of stigma and discrimination on people and communities affected by BBVs and its impact on health and wellbeing.

OLM Learning objectives



Outline key strategies and identify practical resources to reduce BBV related stigma and discrimination.

Reflect and translate in to practice ways to address BBV related stigma and discrimination in your personal, peer and organisational practice.



OLM Content

- ▶ Videos
 - ▶ People with lived experiences of BBV
 - ▶ Nurses
- ▶ Reflective activities
 - ▶ Scenarios
 - ▶ Questions
- ▶ Addressing stigma and discrimination related to
 - ▶ Nurses role in reducing/eliminating stigma and discrimination
 - ▶ Our colleagues with BBVs
 - ▶ Culture
 - ▶ Treatment and management
 - ▶ Disclosure



OLM Reflective activity



A person with hepatitis B has tried to see a GP.

The GP tells you that they don't want to treat people with hepatitis B because they don't want their service to be seen as a place that treats 'refugees' or 'immigrants' and they fear HBV transmission.

How likely are you to take the same position as the GP in not wanting to treat people with hepatitis B?

- Extremely unlikely
- Unlikely
- Not sure, can't say
- Likely
- Extremely likely





Reflective question

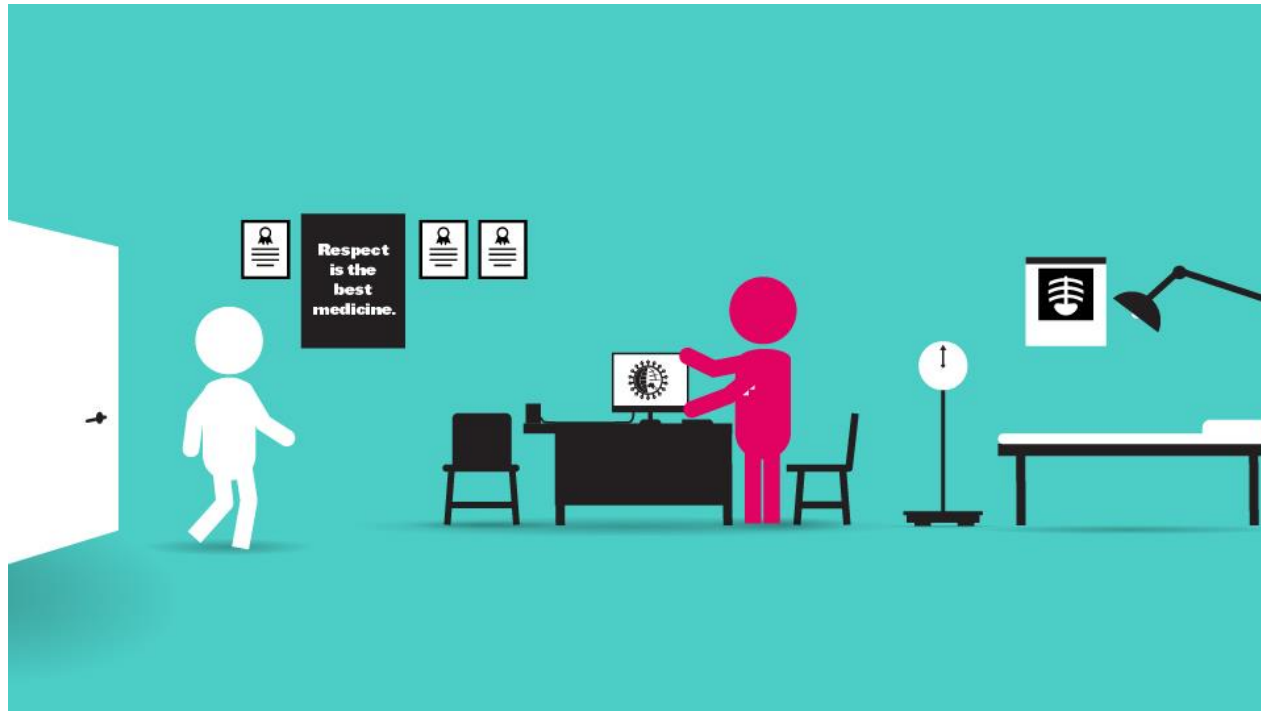
How do you demonstrate a positive, culturally safe, respectful, and non-judgmental approach to the care you provide?





Why is this OLM relevant to your members?

► <https://vimeo.com/267744332>



Promulgation



Pilot OLM

- Work with project partners to recruit nurses
- Engage ASHM course participants

Evaluate

- Change in knowledge and attitudes
- Improvements in organisational practice, protocol, procedures, policy or culture

Promote

- OLM available free on ASHM Learning Management System (LMS)
- Link to ASHM LMS from project partner, organisational sustaining members and other nursing and midwifery association websites



ASHM releases multi-language website providing health information to multicultural consumers



all good

Key information on BBVs and STIs, and referral pathways to testing and treatment in 17 languages

get facts,
get checked

Find out how

Now you're
all good

Supporting the HIV, Viral Hepatitis and Sexual Health Workforce

Need guidance?

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Need to build skills?

[Find a course](#)

Need to organise
an event?

[Meet our award winning team](#)

ASHM Needs You

[Member up today!](#)

For more information



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