

# The National Nurse and Midwife Health Service

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# Establishment

## Establishment of the NNMHS is being led by the Australian Nursing and Midwifery Foundation

The NNMHS will be built in collaboration with nurses and midwives and be complementary to existing support services each with their own unique value. Establishment is supported by:

- The success of the Nursing and Midwifery Health Program Victoria (NMHPV)
- ANMFs strong legacy of supporting nurses, midwives and students
- Recognition of the important and vital role provided by Nurse & Midwife Support and support from Employee Assistance Programs (EAP)
- Skilled, passionate and experienced personnel
- The voices of nurses and midwives, and nursing and midwifery stakeholders



# Engagement and consultation



## The voices of nurses and midwives, and nursing and midwifery stakeholders driving establishment

Engagement to date has supported our valued stakeholders to contribute as experts in their field and has enriched the capability of the project team through tapping into local knowledge and unique networks.

Our Advisory Group, Focus Groups and stakeholder engagement to date has told us:

- That a number of factors put the health and wellbeing of nurses and midwives at risk
- The urgent need for access to a free, confidential and accessible service
- That this work is an opportunity for nursing and midwifery organisations to show a united front, working collaboratively with other services that offer nurses, midwives and students health and wellbeing support.



# The NNMHS Vision

**Better health and wellbeing for nurses and midwives, and safer care for the public.**

The NNMHS is designed by nurses and midwives, led by nurses and midwives, for nurses and midwives that will offer:

- free, confidential, and independent health and wellbeing support services
- quality, best practice services to nurses, midwives, and nursing/midwifery students with a broad range of sensitive health and wellbeing challenges
- care and support in a welcoming, compassionate and non-judgmental environment
- timely, flexible and accessible care and support, available when and where it is needed
- a contribution to better health and wellbeing for nurses, midwives, and students and safer care for the public



# Our core business



**Delivering on our vision for better health and wellbeing for nurses and midwives, and safer care for the public.**

## **Connection, counselling + coordinated care**

Compassionate, person centred care and support provided by experts and peers.

Coordinated care and support tailored to individual needs and preferences including:

- Assessment, counselling, warm referrals and support groups
- Workplace re-entry support
- Ongoing care and connection

## **Expert guidance, information + advocacy**

- Quality, contemporary, accessible health information and resources
- Advocacy to support, promote and reduce stigma around the health and wellbeing needs of nurses and midwives
- Expert guidance and advice to employers and educators

*NNMHS will operate through four central hubs including Victoria-Tasmania, New South Wales-Australian Capital Territory, South Australia-Western Australia and Queensland-Northern Territory.*

# Our model of care

## Connection, counselling + coordinated care.

The NNMHS model of care offers a no wrong door approach to nurses and midwives seeking support, it is also:

- based on the principles of person-centred care, care that is personalised, coordinated, empowering where everyone is treated with dignity, compassion and respect.
- ensures culturally safe services for Aboriginal and Torres Strait Islander nurses and midwives.
- safe and inclusive to all who present, including members of LGBTI communities and people from culturally and linguistically diverse backgrounds and nurses and midwives with a disability.



# Our first steps



The first stage of implementation.

## Governance

An independent legal entity on September 30<sup>th</sup> 2023 with a National Board of Directors in place, or close!

## National telehealth connection, counselling + coordinated care

Our service delivery will be online from 30<sup>th</sup> September 2023.

This will be a national telehealth counselling response serving as the first part of our phased implementation.

Our website will be fully functional from this date ensuring community access to best practice health and wellbeing resources.

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# Where to from here?

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**The NNMHS implementation will begin in June this year.**

- We want to hear about your needs for a national nurse and midwife health service
- What early questions do you have?
- What are some of the outstanding service needs for our nursing and midwifery community?



# THANK YOU!

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